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Subject: Re: Don't play with knives ;)

Posted by [Dave Anderson](#) on Sat, 10 May 2008 15:44:41 GMT

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'Emo' brings up a good point actually. I really don't understand how the release of endorphins is a high for someone. I haven't done the research on the subject, but I don't see how cutting yourself is a relief at all. To me it seems as though its not the endorphins, but the psychotic and mental problems the person has that makes them believe its a relief.

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