Moving a device with an open-tray optical drive while there is a disk inside and the device is turned on can cause the device to malfunction and scratch the disk? Good heavens, man, you've singlehandedly uncovered something the rest of the human race has known since the introduction of the CD player!

Seriousy, though, either you're 'barely' moving it a lot more than you say you are, or you've got a defective system. I've kicked mine before without incident and I know my optical drive is fucked up. "Fucked up" meaning: tray refuses to open while X360 is standing up, strange and disturbing rattling sounds emanating from drive while spinning, and last but not least the braking mechanism being shot to hell so that the disk will emerge still spinning if the tray is opened while the system is turned on (resulting, predictably, in scuffing). I have to turn the system off, wait for the drive to spin down, then turn it back on and open the tray to remove the disk. And yet somehow shifting the system, even violently, doesn't cause it to eat my games. Methinks your console is more in need of servicing or replacement than mine is.